

Building Sexual Medicine Capacity in Central Asia

A 2026 Global Outreach Project by the Central Asian Society for Sexual Medicine (CACSM)

ISSM Global Outreach Grant Case study

The Global Outreach Grant offers an exciting opportunity to drive meaningful change in sexual health education and care, making an impact to professionals and communities in the regions that need it most.

Educating participants on

- Evidence-based approaches to sexual medicine
- Men's sexual health and erectile dysfunction
- Women's sexual health
- Infertility and reproductive health
- Sexual quality of life
- Multidisciplinary management of sexual health disorders

What was done?

- Organized a two-day regional Congress and ESSM Summer School on sexual medicine
- Delivered 20 lectures and workshops
- Combined international and local expertise tailored to the Central Asian context
- Encouraged multidisciplinary exchange among healthcare professionals
- Connected local physicians, students and trainees with international experts
- Fostered networking, mentorship and future research collaboration

Key audiences

- Urologists, andrologists, gynecologists and sexologists
- Other healthcare professionals working in sexual health
- Young physicians, medical students and trainees

Key results 2026

92% rated the educational program as good or excellent

86% found the program relevant to their clinical practice

75% reported increased knowledge or confidence in sexual medicine

82% intend to apply the knowledge gained in clinical practice





Tangible implementation

- Established a regional platform for continued sexual medicine education and collaboration
- Created opportunities for future multicenter research in sexual health
- Strengthened connections between regional healthcare professionals and international experts
- Selected Tashkent, Uzbekistan, to host the second Central Asian Congress of Sexual Medicine

For more information visit:
www.issm.info/grants/issm-global-outreach-grant