

Bio:

Dr. Alexandra Dubinskaya is a fellowship-trained urogynecologist specializing in female pelvic medicine, reconstructive surgery, menopause, and sexual medicine. As a clinician, researcher, educator, and advocate, she is dedicated to advancing women's health and expanding meaningful conversations around sexual well-being and quality of life.

An internationally trained physician and active leader within ISSM, Dr. Dubinskaya is passionate about building connections across specialties, fostering mentorship, and creating innovative ways to engage the global sexual medicine community. Through her work in research, education, and communication, she is dedicated to helping shape a more connected and forward-thinking future for sexual medicine worldwide.

Personal Statement - Dr. Alexandra Dubinskaya

I'm Dr. Alexandra Dubinskaya, a urogynecologist and sexual medicine specialist from Los Angeles.

When I think about ISSM, I don't just think about a professional society. I think about a community that changed the trajectory of my career.

When I first entered the field of sexual medicine as a gynecologist, I quickly realized that the questions our patients bring us don't fit neatly into one specialty. They require collaboration, curiosity, and people who are willing to learn from one another.

That's what I found in ISSM.

Over the years, ISSM has given me opportunities to grow as a clinician, researcher, educator, and leader. Through the Future Leaders Program, Global Voices, my work on the Scientific Committee for WMSM 2026, and my time as Chair of the Communication Committee, I have had the privilege of working with members from around the world and learning what makes this society so special.

One lesson stands out:

Our greatest strength is our diversity.

We are urologists, gynecologists, psychologists, endocrinologists, pelvic floor specialists, researchers, educators, and trainees. We come from different countries, cultures, and backgrounds, but we are united by a common goal: improving sexual health.

At the same time, there are still talented professionals who do not yet see themselves represented in our community.

As a woman, a non-urologist, an international physician, and someone whose first language is not English, I understand those barriers personally.

If elected as Member-at-Large, I want to help ISSM continue growing by ensuring more people feel welcomed, connected, and engaged. Because when members feel that they belong, they contribute. When they contribute, they become leaders. And when we develop future leaders, ISSM becomes stronger.

I also believe that our science deserves the widest possible audience. During my time leading the Communication Committee, I learned how powerful effective communication can be in connecting members with one another, increasing engagement, and amplifying the incredible work produced by our society. I hope to build on that experience to help

further elevate ISSM, the World Meeting on Sexual Medicine, and our journals around the world.

Most importantly, I want ISSM to remain the place where people come not only to learn, but to connect, collaborate, and find their professional home - just as I did.

I would be honored to earn your support and serve as your Member-at-Large.

Thank you.