

### Update of the ESSM Manual of Sexual Medicine

#### Background

The first version of the ESSM Manual of Sexual Medicine was published in 2011. The book represents a comprehensive review of all areas of sexual medicine and in practice it functions as the curriculum for the European EU accredited certification in Sexual Medicine (FECSM). The book was last updated in 2015. Naturally, this means that much of the content is now outdated and an update has been initiated. Early in this process, it was decided to conduct a very comprehensive update including several new authors to better represent the span of conditions within the field. At this stage, most updated chapters have been received by the editors.

#### Aim

The aim of the project is to finish the update of the ESSM Manual of Sexual Medicine and to subsequently publish this update. The grant money is planned to go toward expenses in the publication process.

#### Design

The ESSM Manual of Sexual Medicine, 3rd updated edition, will provide a comprehensive resource on the various aspects of sexual medicine. As previously, the manual is divided into four sections: Part 1: General Considerations, Part 2: Sexuality through the Lifespan, Part 3: Male Sexual Disorders (MSD), Part 4: Female Sexual Disorders, Part 5: Medical Conditions and Other Topics. Each chapter introduces the topic, defines and describes the disorders, discusses prevalence and risk factors, and provides assessment strategies and treatment recommendations. The manual is designed to support both clinical practice and exam preparation in the field of sexual medicine.

#### Timeline:

The last chapters are expected to be in the hands of the editors by August of 2024 and the revision process will begin immediately after this. This is expected to run over the fall of 2024 and our aim is to begin the production and publication process in the first half of 2025.