

Zorgniotti Fund Grant Progress report

Project Title: “ESSM Female Ultrasound School (EFUS): a new opportunity to fill a gender gap in Sexual Medicine”

Principal applicant: ESSM

Nine participants registered for the first EFUS edition, with 2 from Switzerland, 2 from Romania, 2 from Portugal, 1 from Poland, 1 from Italy, and 1 from China. Of these, 7 attended the theoretical session in person, while 2 participated online.

As planned, the theoretical session for the 2023 EFUS edition was held in Budapest, Hungary, on November 24-25. The agenda encompassed topics such as the anatomy and physiology of female sexual arousal and orgasm, the utility of female genital Doppler ultrasound in diagnosing sexual dysfunction and evaluating cardiometabolic risk factors in both genders, the role of pelvic ultrasound in genital and sexual pain disorders in women, and the medical management of female genital arousal and orgasm disorder. To enhance practical applicability and interaction, videos and clinical cases were shared. Esteemed members of the EFUS scientific board and other internationally renowned speakers delivered the lectures.

Speakers received predominantly "Excellent" or "Good" ratings from attendees. The Organizing Secretariat earned an overall "Excellent" rating from over 80% of participants for the theoretical course.

As for the practical course, participants are coordinating their schedules with the EFUS Chair and board members. Currently, one participant has successfully completed her 3-week ultrasound training at the main Centre in Florence, with others scheduled in the forthcoming weeks.

The project's expenses were covered thanks to the Zorgniotti Fund Grant, significantly contributing to its success.