## **Zorgniotti Fund 2023 – Summary proposed project APSSM**

## **APSSM Sexual Medicine Education Intensive Course**

## **Background**

Background: Asia – Pacific population is equivalent to 59.76% of the total world population and ranks biggest among regions of the world. Sexual medicine is not a establised speciality in most of the countries in this region. The practice of sexual medicine is dominated by alternative therapists, this is specialy so in the develping countries in the region. One of the main reasons for this is the lack of knowledge and skills in sexual medicine among physicians. This is compunded by misconceptions and myths embedded in most of these societies about sex and sexuality. Most of the sexual problems and sexuality related issues are surfaced as complications of the problem such as suicide, gender based violence, alcohol abuse and seperation. Therefore, APSSM believe improving clinicians skills and knoledge in sexual medicine is essential to establish this speciality in this region and to help men and women suffering from sexual problems.

APSSM Sexual Medicine Education Intensive Course was established by the Asia Pacific Society for Sexual Medicine, which was supported by Zorgniotti fund of the ISSM in 2013. We delivered a learning curriculum intended for clinicians seeking to acquire the knowledge and skills essential for specialist practice in sexual medicine. The first APSSM Sexual medicine Education Course has been successfully held in Manado, Indonesia in October 2013 in conjunction with Indonesian Urological Association. About 150 doctors attended this education program. We continue to organize training courses at Mongolia (2014), in Beijing, China (2015), and in Changchun, China (2016), and in Vung Tau City, Ba Ria, Vietnam (2017) respectively.

APSSM Sexual medicine Education Course provides knowledge and skills essential for practice in sexual medicine. Such training will help clinicians to practice sexual medicine effectively benefiting millions of patients.

Program: APSSM Sexual Medicine Education Course is primarily intended for medically qualified persons with post-graduate experience in any relevant clinical speciality. Interest and enthusiam in sexual medicine are the important requisits. Whilst previous experience in the clinical practice of sexual medicine is an advantage, the program is also suitable for those starting out in this fascinating and rapidly developing area of medicine. Special skills in surgery or psychotherapy are not requirements for participation.

One or two day intensive courses will be conducted annually by APSSM before the conference or in a selected country in colloboration with local society annual meeting. Courses will be conduced in English. Each course will accommodate about 20 to 30 doctors and selection will be carried out by the The Scientific program and Research committee.

APSSM will take an effort to make this course a self sustainable course of longer duration over a period of 2 to 4 years.

## The program contents:

- Introduction and history of APSSM and ISSM
- Epidemiology, pathophysiology, and clinical diagnosis of ED
- ED and cardiovascular health:
- Medical treatment of ED
- Surgical tips with penile prosthesis insertion
- Epidemiology, pathophyiology and clinical diagnosis of PE
- Medical management of PE
- Epidemiology, pathophyiology and clinical diagnosis of Peyronie's diease
- Non-surgical and surgical management of Peyronie's Disease
- Epidemiology, definition and clinical diagnosis of testosterone deficiency
- Management of testosterone deficiency
- Etiology and clincial diagnosis of priapism
- Medical and surgical treatment of priapism
- Sexual dysfunction in the treatment of BPH
- Testosterone treatment in prostate cancer patients